

New Adult Classes and Workshops!

Adult Classes:

We have new classes with special pricing for adults beginning in February! Only a 6 week commitment! All levels welcome! No registration fee required for parents of current students. New friends/students \$10 registration fee. **Registration and Payment Deadline = Feb 3. To register, please call or email the studio**

- Frid Morning Pilates: Feb 10-March 16, 9:00-9:45am, \$72
- Frid Morning Hip Hop: Feb 10-March 16, 9:45-10:30am, \$72
- Tues Evening Graceful Flow Yoga: Feb 21-March 27, 6:15-7:00pm, \$72
- Tues Evening Contemporary Modern: Feb 21-March 27, 7:00-8:00pm, \$90
- Wed Evening Tap: Feb 8- March 14 7:15-8:00pm, \$72

Hip Hop Workshop with Todd Shanks:

He's back! Straight from the top NYC dance school, STEPS on Broadway! We are looking to host a workshop for ages 7 to adult on **Saturday, February 25th!** We will announce the official times one week before the workshop is to take place once we know the age breakdown of those students who are interested. Most likely it will be youth and preteens 10:00-10:45 and Teen/Adults 11-11:45. If you are interested, the workshop is \$18 and to register you need to call the studio or stop by during office hours to sign up and drop off your check/cash at that time. To hold your space payment must be made. We will take registrants no later than **Feb 11th**. We need a certain number of students to have Todd come, he is teaches all over the country and is a sought after instructor! Don't miss this opportunity. To find out more about Todd visit his website at www.ToddShanks.com!